

Recreational Rowing

British Rowing Tour 2021 Check List of What to Bring

Each crew member should have:

Spare rowing kit

Water shoes for wading when launching and recovering boats (though we will be using club pontoons for the official stops)

Dry bag

Waterproof clothing (for typical English weather!)

Hat

Sun cream

Plasters / micropore tape for blister protection

Seat pad (if you have a sensitive rear!)

Gloves if you usually wear them for rowing

Essential tools, including spanners (10 mm and 13 mm) or rigger-jigger

Water bottle

BR membership card

Each boat should have:

Paddle - for manoeuvring in locks

Boat hook

Mooring spike

Bow and stern lines and attachment points

Something to cushion the boat when leaving on hard ground, e.g. foam pads, tubular pipe lagging

Bailer

Buoyancy aid for the cox

At least one mobile phone (in a waterproof container)

Maps and emergency contact information, which will be provided at the tour briefing