

# British Rowing Tour

## 4th – 5th September 2021

### GUIDANCE FOR BOAT CAPTAINS

#### Responsibilities

The captain's primary responsibility is the safety of the crew

Boat Captains are required to:

- ensure that their boat is in a safe condition at all times
- determine the crew order
- manage crew welfare during rowing by ensuring provision of water, suitable rest periods and checking for injuries
- ensure whoever is coxing navigates the boat in accordance with the agreed instructions and with due regard to hazards and conditions
- communicate with the designated Tour Coordinator in the event of emergencies afloat
- attend briefings daily or as circumstances dictate to receive guidance from the Tour Coordinator on the itinerary, route, hazards and other safety matters.

#### Before going afloat

Ensure that:

- You have read all safety instructions and information:
  - The Tour Safety Plan and Risk Assessment
  - [British Rowing safety guidance for touring](#)
- Your boat and blades are sound with no damage or loose fittings
- You have all required other equipment particularly a canoe paddle, boathook, bailer and suitable bow and stern lines
- You have a buoyancy aid for the cox, who must wear it at all times.
- You have at least one fully charged mobile phone with waterproof container with number(s) registered with tour management
- Your crew have no injuries or illnesses and are capable of rowing the stated distances
- You attend the pre-row briefings and have the navigation maps for the day

#### Extreme conditions

The rowing schedule may be altered or suspended if weather and / or water conditions are very bad e.g. thunderstorms, strong stream.

#### Emergency Procedures

In the event of a problem requiring assistance afloat:

1. Advise Bank Support Coordinator – John 07771 807993 / Caroline 07973 415656
2. If medical emergency or other emergency afloat, call **999**

#### Useful Information

- A&E at:
  - Royal Berkshire Hospital, Craven Road, Reading, RG1 5AN, Tel: 0118 322 7019
  - St. Peter's Hospital, Guildford Road, Chertsey, KT16 0PZ, Tel: 01932 872000
- Environment Agency incident hotline **0800 80 70 60** (navigation matters)

***Always check that you have all items of equipment available before boating and stowed at the end of each day***